



# Launde Abbey

## Retreats & Quiet Days

### 2023



Launde Abbey has a varied selection of upcoming retreats and quiet days taking place in the early months of 2023.

#### **Epiphany Retreat:**

led by Chris Webb

6th - 8th January £295

#### **Living with Loss:**

led by Abbi & John May

13th - 15th January £325

#### **I Am The Gate: Sewing Retreat**

led by Rev Claire Goode

16th - 20th January £500

#### **Come To Me:**

led by Bishop John Stroyen

6th - 9th February £425

#### **Lent Retreat:**

details to follow

6th - 9th March £425

#### **Beginners Retreat:**

led by Chris Webb & Alan Humphrey

17th - 19th March £295

#### **Holy Week Retreat:**

details to follow

3rd - 6th April £425

#### **Icon Painting Retreat:**

led by Peter Murphy

1st - 5th May £850

Retreat prices are Inclusive of en-suite accommodation, all meals and retreat resources. 'Early Bird' prices are often offered. Please contact Launde Abbey for further details

#### **Quiet Days from 10am - 4pm**

Cost is £44 which includes lunch plus coffee and tea throughout the day.

9th January

#### ***Extended Peace***

led by Alan and Lesley Humphrey

Saturday 21st January

#### ***Praying and Planning the Year***

led by Alison Myers

6th February

TBA

led by Chris Webb

6th March

#### ***A Holy Crazy Grace***

led by John Rackley

3rd April

#### ***Unforced Rhythms Of Grace***

led by Rhona Knight

For some retreats, it may be possible for you to extend your stay by arriving a day earlier or leaving later or to extend your time at Launde after a Quiet Day by staying overnight.

Why not check on availability and ask for a quote when you contact us?

**Launde Abbey**

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