



RECRUITING Gardening Volunteers



No such thing as a **free lunch?**
(or *is* there!)

Can you spare a few hours, one day a week?

We are looking for people who have a few spare hours, one day a week.

*Expand your knowledge, enjoy the outdoors
Keep fit and make new friends*

Interested in joining our friendly enthusiastic team?

To register an interest or to find out a little more,
please pop into Reception or call us for a chat on:

01572 717254

*(About that **free lunch** ...all our volunteers are suitably sustained with
a delicious sandwich meal from our Café – what's not to love!)*

We'd love to welcome you to the Launde family